

Effective Studying - Development of Knowledge, Skills and Abilities (KSAs)

1. Your level of content mastery is a direct result of how well you prepare.
2. There are effective and ineffective ways to study and prepare for assessments. Identify what works best for you and the type of material you are studying.
3. Master the basics before moving on to more complex skills. Avoid skipping over material because it seems too easy, you might miss some important details.
4. Overconfidence should be avoided at all costs
 - a. To avoid overconfidence: Take advantage of chapter quizzes, Q&A with classmate(s), write down everything you can recall about a topic and compare it to the textbook or posted resources.
5. Effective preparation requires your total focus. Avoid multi-tasking while studying. Study in an environment without distractions when possible.
6. Successful learning requires planning and preparation.
 - a. Long term goals. Establish a schedule that will allow you adequate time to prepare for your assessment, and identify the topics of each study session.
 - b. Short term goals. What do you need to achieve in each study session and what strategies will you need to implement to successfully master the targeted topics.
7. Feedback helps you get better. Use assignment and test scores as opportunities to examine your current understanding of material, and engage your instructor, fellow students and other resources to provide support and direction as you improve your proficiency in these areas.
8. Recognize and take advantage of prime learning opportunities
 - a. Go to class
 - b. Take effective notes
 - c. Learn from assignments, don't just complete them.
9. Improvement requires overcoming challenges, difficulty, and uncertainty. You can develop your perseverance, which is a valuable quality that requires self-discipline that will enable you to succeed when facing difficult challenges.
10. Find the value in what you are studying in order to do your best. Associate the learning objectives with how these KSAs will benefit you in life, work, and future educational pursuits.

*Based on Dr. Stephen Chew's [10 Study Strategy Principles \(YouTube Video\)](https://www.youtube.com/watch?v=htv6eap1-_M&list=PL85708E6EA236E3DB&index=1)

Plain Text: https://www.youtube.com/watch?v=htv6eap1-_M&list=PL85708E6EA236E3DB&index=1